

The Condom Game

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School
Health
Online

Overview

Individuals who choose to be sexually active are strongly encouraged to use a barrier method such as an external condom, internal condom or dental dam. Understanding how to properly use an external condom can help reduce the risk of acquiring an STBBI and unplanned pregnancy.

Intended outcomes: Students will be able to outline the correct sequence of steps for properly using an external condom.

Curriculum focus: Preventing pregnancy and STBBIs

Time required: 10-15 minutes

Instructions

1. Print slides 4 through 18. These will be the “condom cards”.
 2. Ensure the condom cards are mixed-up prior to beginning the game.
 2. Hand out one card per student for those who have volunteered to take part in the game.
 3. Ask students to look at the card assigned to them.
 4. Ask students to now look at the various cards that other students have and properly arrange themselves in a line from left to right in sequence of the proper steps for how to put on and take off a condom.
 5. Give students approximately 5 minutes to rearrange themselves.
 6. Ask students to read their card beginning from the student on the left of the line, to the student on the right.
 7. Ask individuals that are not participating to assist students to ensure the order is correct.
 8. Ask students to rearrange themselves if they feel the order may not be in the correct sequence.
 9. Continue having students rearrange themselves in order from left to right (first step to last step) until the cards in the Condom Game are in the correct order.
- *Students can also form small groups to see who can put the cards in the correct order the fastest.

Get condoms

Discuss birth control and barrier methods

Leave room
at the tip

**Withdraw
penis**

Consent

**Roll on
condom**

**Express mutual
desire for sexual
relation**

**Discard
condom in
garbage**

Tie in a knot

Orgasm/ ejaculation

**Remove
condom**

Erection

Hold onto rim

Intercourse

Loss of erection

Answers

1. Express mutual desire for sexual relation
2. Discuss birth control and barrier methods
3. Get condoms
4. Consent
5. Erection
6. Leave room at the tip
7. Roll on condom
8. Intercourse
9. Orgasm/ejaculation
10. Hold on to rim
11. Withdraw penis
12. Loss of erection
13. Take condom off
14. Tie in a knot
15. Discard condom in garbage