Before we start...

Let’s cover some ground rules!

*Reminder that support is always available at school. Other community resources will be shared at the end of the module.
Introduction

- Reproductive anatomy
- Spermatogenesis
- Conception
- Menstrual cycle
Assigned male at birth

External genitalia

Penis

Testicles
Assigned male at birth

Reproductive system

- Bladder
- Vas deferens
- Cavernous body
- Urethra
- Foreskin
- Glans
- Penis
- Rectum
- Seminal vesicle
- Prostate gland
- Anus
- Cowper’s gland
- Epididymis
- Testicle
- Scrotum
- Cowper’s gland

OttawaPublicHealth.ca/SchoolHealthOnline
Sperm production & ejaculation

- Sperm production begins at the onset of puberty.

- The first sign that an individual can reproduce is having an erection that produces ejaculation.
Assigned female at birth

Reproductive system

- Fallopian tube
- Uterus
- Cervix
- Vagina
- Ovary
- Ovum (egg)
Conception
Sperm transport
Conception

Egg transport
Conception
Fertilization
Conception
Implantation
Menstrual cycle

Menstruation

Follicular stage

Luteal stage

Ovulation
Menstrual cycle
Menstruation
Menstrual cycle
Follicular stage
Menstrual cycle

Ovulation
Menstrual cycle

Luteal stage
Resources & services

Where do you find credible information on sexual health?

• The Link
  • Ottawa Public Health
• Community health clinic
• Primary health care provider and other health care professionals
• Walk-in clinic
• Sexual Health Clinic: 613-234-4641
• Sexual Health Infoline Ontario: 1-800-668-2437

Your health matters!
Questions?

OPH wants you to protect yourself if you are sexually active.
Need more information?

Scan the QR code

Free condoms available!

OttawaPublicHealth.ca/SchoolHealthOnline