



Clear Leadership and Expectations Worksheet

Facilitator Notes: Use this worksheet to encourage a discussion about **Clear Leadership and Expectations**. It is one of thirteen factors that have been shown to impact mental health of individuals in the workplace. Be sure to encourage discussion by being open to all answers and opinions from participants. Examples of possible discussion groups are: employees at a team meeting or lunch and learn, staff or management orientation, and union-member discussions.

Suggested materials: laptop, speakers, projector and screen, flip charts and markers, whiteboard or chalkboard.

Suggested Process:

Watch the video once at www.haveTHATtalk.ca

Read definition of **Clear Leadership and Expectations**:

[On the Agenda](#) defines **Clear Leadership and Expectations** as present in an environment in which leadership is effective and there is support that helps employees know what they need to do, how their work contributes to the organization and whether there are impending changes.

Ask participants:

1. Think of a time at work when you were given unclear direction. What did you do to get more information?
2. What does **Clear Leadership and Expectations** mean to you?

Watch the video again.

Ask participants:

3. What could have been done differently in the scenario with Tim and his supervisor?
4. What are some strategies to help YOUR workplace promote **Clear Leadership and Expectations**?
5. Write down different ways that YOU can be clearer with your expectations.

