



Organizational Culture Worksheet

Facilitator Notes: Use this worksheet to encourage a discussion about **Organizational Culture**. It is one of thirteen factors that have been shown to impact mental health of individuals in the workplace. Be sure to encourage discussion by being open to all answers and opinions from participants. Examples of possible discussion groups are: employees at a team meeting or lunch and learn, staff or management orientation, and union-member discussions.

Suggested materials: laptop, speakers, projector and screen, flip charts and markers, whiteboard or chalkboard.

Suggested Process:

Watch the video once at www.haveTHATtalk.ca

Read definition of **Organizational Culture**:

[On the Agenda](#) defines **Organizational Culture** as the degree to which a work culture is characterized by trust, honesty, and fairness.

Ask participants:

1. Think of a time at work when you did not feel that your beliefs or values were respected. How did that make you feel?
2. What does a positive work environment look like to you?

Watch the video again.

Ask participants:

3. What could have been done differently in the scenario with LeAnne?
4. What are some strategies to help YOUR workplace to promote a healthy **Organizational Culture**?
5. Write down different ways that YOU can contribute to a positive **Organizational Culture**

