COVID-19 INFORMATION

COVER YOUR COUGH

Cough and sneeze into your elbow
Wash your hands after

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Adapted by Ottawa Public Health
Courtesy of the Government of Alberta
08/2020
DO NOT ENTER IF SICK

Students and family members should not enter school if they have any of these symptoms:

- Fever
- Chills
- New or worsening cough
- Barking cough, making whistling noise when breathing (croup);
- Shortness of breath
- Sore throat
- Trouble swallowing
- Changes in taste or smell
- Nausea or vomiting
- Diarrhea or stomach pain
- Unusual headache
- Runny nose, or nasal congestion (not related to seasonal allergies)
- Unexplained fatigue
- Sore muscles
- Pink eye

Stay home if you had close contact with someone who is ill or suspected of having COVID-19.

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DO NOT SHARE THINGS

Do not share personal items, including food, and store your belongings separately.

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COVID-19 INFORMATION

KEEP A HEALTHY DISTANCE FROM EACH OTHER

In hallways
In classrooms
In the playground
In the lunch area

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Stay 2 metres away from others when possible

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THINGS TO DO TO BE COVIDWise

- Wash your hands
- Keep a safe distance from each other
- Cover your coughs and sneezes
- Stay home if sick
- Do not share food or personal items
- Wear a cloth non-medical mask

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WASH YOUR HANDS

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