

Want to know more about the COVID-19 vaccine for Children?

COVID-19 vaccines are working and protecting many members of our community, including those in schools and child care spaces. Protecting children and those around them is a priority.

Our vaccine superheroes help us with this mission!



Everyone aged 5 years or older can get a vaccine. It is safe to get the COVID-19 vaccine and we recommend a COVID-19 vaccine for everyone who can get one, even if you've been sick with COVID-19 before!



WHY GET MY CHILD VACCINATED?

- The COVID-19 vaccine protects children from serious illness caused by COVID-19. The vaccine also helps make sure they can still go to school, activities and child care.
- When a child is vaccinated against COVID-19, there is less risk of serious outcomes from COVID-19 for the child and those around them, like family and friends.

HOW AND WHERE CAN I GET MY CHILD VACCINATED?

- COVID-19 vaccines are easy to access. All our community clinics are open for drop ins for anyone 5 years and older for their first or second dose. No appointments needed!
- Parents can book an appointment using this website: [Ontario.ca/BookVaccine](https://ontario.ca/BookVaccine)
- More clinics are coming to a neighbourhood near you. After-school-clinics will start January 21, 2022. You can get more information here, OttawaPublicHealth.ca/ChildCovid19Vaccine.
- Many pharmacies are also welcoming anyone aged 5 years and older for their vaccine.

Those giving the vaccine are trained to help parents, caregivers and children during a vaccine appointment. They can answer your questions and help support your child during the appointment.

WHEN DOES MY CHILD NEED A SECOND DOSE?

- Ottawa Public Health recommends you wait eight weeks between the first and second dose of an mRNA COVID-19 vaccine (Pfizer/Moderna).
- Protection is stronger and lasts longer when the first and second doses are given further apart.
- If you prefer, you can get your child's second dose 21 days after their first by giving informed consent at one of our clinics or by calling the province at 1-833-943-3900.

WHERE CAN I GET MORE INFORMATION?

Find answers to your questions from good sources. Ottawa Public Health and CHEO have a lot of information and resources to help parents, care providers, and families OttawaPublicHealth.ca/ChildCovid19Vaccine, cheo.on.ca, kidshealthfirst.ca. You can even call us and speak to a nurse at 613-580-6744.

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