

Attestation for Return to School/Child Care Following Illness

Student's Name:

My child was sent home from or denied entry to school or child care because of an illness that might be COVID-19 on

(date - dd/mm/yyyy)

I attest that my child may return to school or child care on for the following **reason (check one) The following choices apply even if your child has received one or two doses of a COVID-19 vaccine:**

(date – dd/mm/yyyy)

My child's [symptoms](#) are not new and have not changed. My child was previously seen by a doctor or nurse practitioner and was diagnosed with a chronic condition, such as allergies or asthma, with the exact same symptoms my child has now.

We took our child to a doctor or nurse practitioner during the time since my child was sent home or denied entry to school/child care. The doctor or nurse practitioner told us that our child does not have COVID-19 or another cold or respiratory infection that explains my child's symptom(s).

My child did NOT have a COVID-19 test but completed 10 days of self-isolation from the date when my child started to feel sick **AND** their [symptoms](#) have improved for 24 hours without the use of fever-reducing medication* **AND** has NOT been told by Ottawa Public Health or a healthcare provider to continue to self-isolate for a total of 10 days because my child was a high-risk contact.

My child had a negative COVID-19 test (not a rapid antigen test) after starting to feel sick **AND** their [symptoms](#) have improved for 24 hours without the use of fever-reducing medication* **AND** has NOT been told by Ottawa Public Health or a healthcare provider to continue to self-isolate for a total of 10 days because my child was a high-risk contact.

My child's [symptoms](#) was one or more of: sore throat, difficulty swallowing, runny or stuffy/congested nose, conjunctivitis (pink eye), or loss or lack of appetite. Or a headache or muscle aches or extreme tiredness (not related to getting a COVID-19 vaccine in the past 48 hours). My child's symptoms have improved for 24 hours without the use of fever-reducing medication* **AND** has NOT been told by Ottawa Public Health or a healthcare provider to continue to self-isolate for a total of 10 days because my child was a high-risk contact.

*** Please note: If your child had vomiting and/or diarrhea and tested negative for COVID-19, OPH requires that your child does not return to school/child care until 48 hours after symptoms have gone away.**

If your child tested negative for COVID-19, mild symptoms like a runny nose do not have to be completely gone when your child returns to school provided the mild symptom is improving and other symptoms have stopped.

Parent/Guardian Name:

Version: October 19, 2021

Caddaynta Ku-noqoshada Dugsiga/Xannaanada Carruurta ka dib Xanuunka

Magaca Ardayga:

Ilmahayga waxaa guriga loo soo diray ama loo diiday gelitaanka dugsiga ama xannaanada carruurta sababtoo ah jirro laga yaabo inay noqoto COVID-19
Markay ahayd

(taariikhda - maalinta/bisha/sannadka (mm/bb/ssss))

Waxaan qirayaa in ilmahaygu ku soo laaban karo dugsiga ama xannaanada carruurta sababahan soo socda (**mid calaamadee**). Doorashooyinka soo socda ayaa quseeya xitaa haddii ilmahaagu qaatay hal ama laba qiyaasood oo ah tallaalka COVID-19:

(taariikhda - mm/bb/ssss)

Calaamadaha ilmahaygu ma aha kuwo cusub oo ismanay beddelin. Ilmahayga waxaa hore u arkay dhakhtar ama kalkaaliye caafimaad waxaana laga helay xaalad daba-dheeraatay, sida xasaasiyad ama neef qabatin, oo leh calaamado isku mid ah oo ilmahaygu hadda leeyahay.

Ilmahayga waxaan u gaynay dhakhtar ama kalkaaliye caafimaad intii lagu jiray muddadii ilmahayga guriga loo soo diray ama loo diiday gelitaanka dugsiga/xannaanada carruurta. Dhakhtarka ama kalkaaliyaha waxa uu noosheegay in ilmahaygu aanu qabin COVID-19 ama hargab kale oo qabow ama caabaq xagga neefsashada oo muujinaaya astaamaha ilmahayga.

Ilmahaygu MA laguma samayn baadhitaanka COVID-19 laakiin wuxuu dhammaystay 10 maalmood oo is-gooniyeyn ah laga bilaabay taariikhda ilmahaygu bilaabay xanuun **IYADOO** astaamahoodu soo yaraatay ugu yaraan 24 saacadood iyadoo aan la isticmaalin daawada qandho-jebinta* **MANA** ay u sheegin Caafimaadka Dadweynaha Ottawa ama daryeel-bixiye caafimaad inay sii wadaan is-gooniyeynta wadar dhan 10 maalmood sababta oo ah ilmahaygu wuxuu ahaa qof la kulmay mid halis-sare leh.

Ilmahaygu wuxuu maray baadhista COVID-19 oo noqotay mid taban (negative), (baadhitaanka oo aheyn midka "Rapid Test" ladhoho), ka dib markii uu bilaabay inuu dareemo xanuun **IYO** in astaamahoodu soo yaraato ugu yaraan 24 saacadood iyada oo aan la isticmaalin daawada qandho-jebinta* **IYO** in AAN looga sheegin xagga Caafimaadka Dadweynaha Ottawa ama daryeel-bixiye caafimaadka inay sii wadaan is-gooniyeynta wadar dhan 10 maalmood sababta oo ah ilmahaygu wuxuu ahaa qof la kulmay mid halis-sare leh.

Astaamaha ilmahaygu waxay ahaayeen hal ama in ka badan: dhuun xanuun, liqidda oo dhib ah, duuf ama sanko oo cabudhsan, conjunctivitis (indho casaan), ama lumis ama la'aanta rabitaanka cuntada. Ama madax xanuun ama murqo xanuun ama daal aad u daran (oo aan la xiriiirin qaadashada tallaalka COVID-19 48-kii saacadood ee la soo dhaafay). Astaamaha ilmahaygu way yaraadeen ugu yaraan 24 saacadood iyadoo aan la isticmaalin dawada qandho-jebinta **IYO** in aan LOOGA sheegin dhanka Caafimaadka Dadweynaha Ottawa ama daryeel-bixiye caafimaad inay sii wadaan is-gooniyeynta wadar dhan 10 maalmood sababta oo ah ilmahaygu wuxuu ahaa qof la kulmay mid halis-sare leh.*

*** Fadlan ogow: Haddii ilmahaagu lahaa matag iyo/ama shuban oo baadhista COVID-19 noqotay mid taban (negative), OPH waxay u baahan tahay inuusan ilmahaagu ku soo noqon dugsiga/xannaanada carruurta ilaa 48 saacadood ka dib marka calaamaduhu baxaan.**

Haddii ilmahaaga laga baadhay COVID-19 oo uu noqday taban (negative), astaamo khafiif ah sida sanko oo duuf yeesha ma aha inay gebi ahaanba baaba'aan marka ilmahaagu dugsiga ku soo laabanaayo laakiin astaamaha khafiifka ahi waa inay soo hagaagayeen oo astaamihii kale joogsadeen.

Magaca Waalidka/Ma'suulka:

Nuqulka: October 19, 2021
English/Somali