

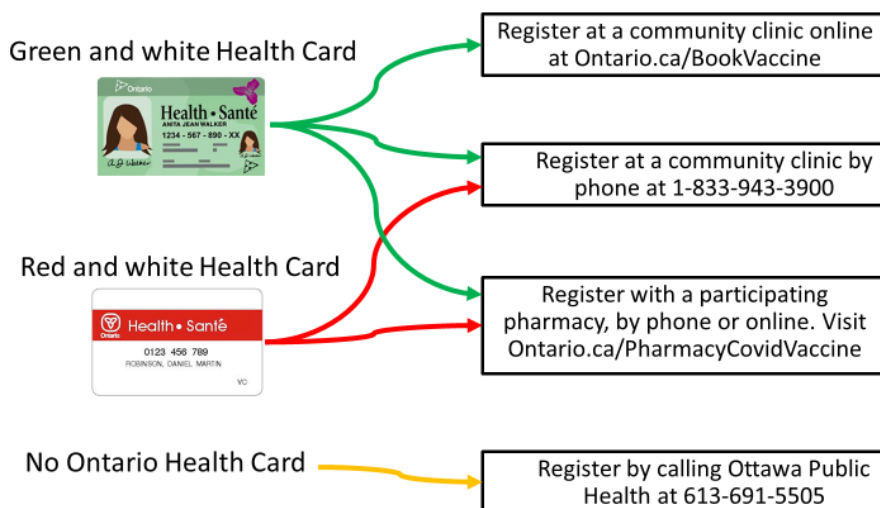


Step 1: Get the person's verbal consent. No proof is needed.

Step 2: Get the necessary personal contact information.

- ✓ Postal code
- ✓ Date of birth
- ✓ Health Card information (front and back)
- ✓ Email address (this can be yours, or it can belong to the person you are helping)
- ✓ Mobile phone number (optional)

Step 3: Identify the type of health card and make the appointment.



*Some primary care providers may also offer COVID-19 vaccines. Contact your primary care provider to find out.

Vaccination for people who identify as Indigenous:

- First Nations, Inuit and Métis - Call 613-691-5505 to book an appointment.
- Inuit – Call 613-740-0999 to book an appointment at Akausivik Inuit Family Health Team.

Vaccination for people unable to leave their home because of a health condition or special needs:

- A team can come to your home to offer vaccination to you and to your caregiver.
- Please call 613-691-5505 and choose option # 2, to request in-home vaccination.
- A nurse will contact you to obtain more information and to book a date and time.

Step 4: Share the appointment details with the person you are helping.

- Make sure to write down the details, including the booking number, the date, time and location.
- Remind the person not to arrive more than 10 minutes before their appointment.

Step 5: Offer to help them make their transportation plan to get to and from the clinic (more details below).

Transportation to and from the clinic

- Once an appointment date and time is set, make your transportation plan with a family member, a friend, or with OC Transpo or Para Transpo.
- If none of these options are available, a **free** transportation service is available for people in need.
 - Call 2-1-1 or register online with [VaxAide.ca](https://www.vaxaide.ca), or by dialing [613-869-8221](tel:6138698221) to set up the ride service once you have your booking number. A volunteer will follow-up to confirm.
 - Please call at least 48 hours before your appointment.



Language accessibility:

- Both the Province of Ontario and OPH offer multilingual booking support over the phone in languages other than French and English.
- For callers who are Deaf or hearing-impaired, please call Telehealth Ontario TTY at 1-866-797-0007 to book through the provincial booking line. If you do not have a Health Card, you can call OPH VRS (613-580-2400) or TTY (613-580-2401) to book your appointment over the phone.