Tattooing and Body Piercing

COVID-19 Prevention Checklist

When providing a tattoo or piercing, staff and clients can be in close contact. The virus can spread from respiratory droplets and shared surfaces of a person with COVID-19. This is a summary checklist of required measures to reduce the spread of COVID-19. Please review the Ottawa Public Health COVID-19 Guidelines for Personal Service Settings for more information on how to keep your employees and clients safe. Please note that the requirements under the Ontario Personal Service Settings Regulation 136/18 still apply.

A. Staff Health & Screening

☐ Staff are advised to report illness to their supervisor/manager and to stay home if sick.
☐ Staff are screened before starting each shift.
☐ Staff are advised to go home right away and self-isolate if they become ill during a shift. Staff are advised to call their Health Care Provider or visit our main Novel Coronavirus COVID-19 webpage for the latest guidance on next steps.
☐ Testing is available for all Ottawa residents that suspect they have Covid-19, visit a Covid-19 Assessment Centre or Care Clinic for testing

☐ Staff are trained on the proper use of personal protective equipment (PPE), including putting on and taking off gloves, masks/face coverings, face shields/goggles, and gowns, if worn.
☐ Staff use masks/face coverings at all times while there are other people in the premises.
☐ Staff use masks/face coverings and eye protection (face shield/goggles) at all times while providing services.
☐ Personal protective equipment (PPE) such as gloves, masks/face covering, and eye protection (face shield/goggles) are available on-site for all staff at all times. Operators are required to provide and ensure there is adequate PPE for staff.
☐ Re-usable face shield/goggles are assigned to one staff, and cleaned and disinfected between use.
☐ Staff are trained on proper hand hygiene and respiratory etiquette
☐ Staff launder their clothing after each shift or wear a protective cover over clothing and launder after each shift.

B. Signage at the Premises

☐ Signage for COVID-19 Health Assessment and the number of clients permitted at one time is posted at the entrance of the premises.
☐ Clients with COVID-19 Symptoms and/or who have been in contact with someone with COVID-19 are not permitted to enter the premises.
☐ Signage for hand hygiene and respiratory etiquette is posted at the entrance and throughout the premises.
☐ Floor stickers and physical distancing signage are available in high visibility areas to remind clients to keep two metres/six feet apart from others at all times.
C. Number of People in the Premises

- The number of staff and clients is restricted to ensure ease of movement and to maintain two metres/six feet between people.
- Flexible work schedules and staggered lunch and break times are implemented to limit the number of people in the premises at one time.

D. Scheduling Appointments

- Clients are advised that they must use a mask/face covering for the duration of their appointments.
- Clients are advised that all consultations for a tattoo or body piercing must be done online before coming to the studio. Appointments will be made for providing the service only.
- Tattoos and piercing on the face and neck are not permitted, except for ear piercings. Ear piercing will not be permitted if the client cannot tolerate a mask/face covering.
- Client appointments are scheduled by phone or online. Walk-in clients are asked to call from outside the premises to make an appointment.
- Waiting areas are not permitted. Clients are instructed to wait outside of the premises until their scheduled appointment.
- Clients are screened for symptoms of COVID-19 by staff when booking appointments. Clients are not permitted to bring guests, including children, unless they also have an appointment or are required to attend (e.g. a parent or guardian present during their child’s ear piercing).
- Records of staff and client contact information (e.g. full name, telephone/email), including date and time at premises, service received are maintained on-site for contact tracing purposes, should the need arise.
- There is enough time between appointments to ensure thorough cleaning and disinfection/sterilization of equipment and workstations between clients.

E. Workstations

- Workstations and equipment in use must be two metres/six feet apart or equipped with barriers/dividers that are adequate in height to ensure the protection between clients and staff.
- Alcohol-based hand sanitizer (ABHR) with a minimum of 70% alcohol concentration is available at each workstation, and staff and clients are encouraged to use it frequently.
- Magazines, tattoo/piercing books, brochures, decor and other unnecessary items are removed.
- Workstations have their own products and tools, and are not shared between staff.

F. Providing Services

- A mask/face covering is used by staff and clients at all times, even when physical distancing and barriers/dividers are used.
- Staff wear a mask/face covering at all times and face shield/goggles when providing a service.
- Premises has disposable masks available to provide to clients when needed.
- Face-to-face contact with clients is limited as much as possible. Services on the face are not permitted.
- Clients are not permitted to handle stencils, ink or jewellery. A two metre/six foot distance or a
barrier/divider should be used when viewing items.

☐ Gloves are changed and discarded immediately, and hands are cleaned when a task is changed, and after each client, or more often as necessary.

☐ Single-use items, including towels are used, where possible, and discarded immediately after each client.

☐ Food and beverage service are not recommended unless single service cups and utensils can be used.

☐ Credit/debit/e-transfers with no signature transactions are preferred. Barriers/dividers are used when the two metre/six-foot distance cannot be maintained. ABHR is used before and after each cash transaction.

H. Environmental Cleaning and Disinfection

☐ Work surfaces and equipment are thoroughly cleaned with soap and water before disinfection.

☐ Surface and equipment disinfectants are used after cleaning, and according to the manufacturer's instructions.

☐ Cleaning/disinfection wipes are only used for surfaces and used according to the manufacturer's instructions.

☐ Barriers and dividers must be protective and stable enough to be easily cleaned and disinfected.

☐ Disposable covers are discarded immediately after use. Chairs, head, armrests, squeeze bottles, are cleaned and disinfected between clients.

☐ Frequent and thorough daily environmental cleaning and disinfection is maintained. This includes high touch surfaces such as phones, computers, pens, cash register, credit card machine and door handles.

☐ Washroom surfaces are cleaned and disinfected at least twice a day or as often as necessary.

More information

Operators who need support finding personal protective equipment can contact the provincial government for further information at https://covid-19.ontario.ca/how-your-organization-can-help-fight-coronavirus or 1-888-777-0554.

For more information, visit our Novel Coronavirus COVID-19 or call us at 613-580-6744.