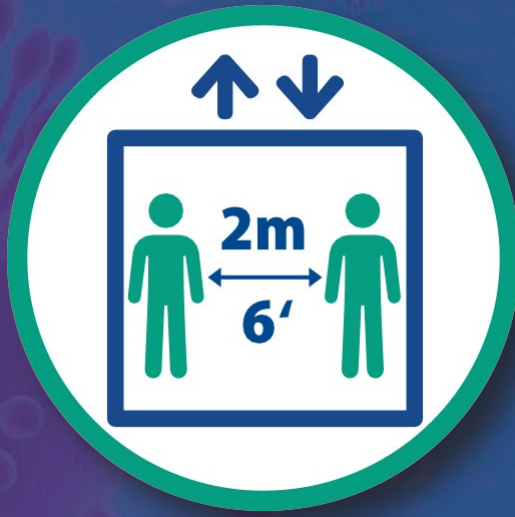


COVID-19
INFORMATION
**ELEVATOR
ETIQUETTE**

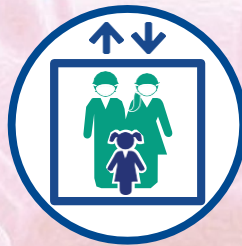


Warbixin ku
saabsan
COVID-19
**HABDHAQANKA
WIISHKA**

When out in public, wearing a mask and practicing physical distancing can help you reduce your risk by minimizing contact with others in the community. It is now **mandatory to wear a mask in many indoor public spaces**, including common areas of multi-unit residential buildings.

Marka aad dibadda joogto oo aad ku dhex jirto dadka kale, xirashada maaskarada iyo joogteynta kala fogaanshaha waxaa ay kaa caawin karaan in aad yareyso in aad la kulanto halis adigoo yareynaya in aad is taabataan dadka kale ee bulshada aad ku dhex nooshahay. Hadda waxaa **waajib ah in aad xirato maaskaro marka aad jogto goobo badan oo ay dadka ku kulmaan**, oo ay ka mid yihiin meelaha la wadaago ee dhismooyinka la daggan yahay.

- Wear a mask that securely covers your nose, mouth and chin.
- Avoid overcrowding - limit to 2 people or 1 family. Take the stairs if you can or wait for the next elevator.
- Stand back while waiting for elevator door to open.
- Maintain at least a 2 metre (6 feet) distance from others in the elevator.
- Cough or sneeze into your upper sleeve, not your hand.
- Avoid touching surfaces and push buttons with an object or your elbow.
- Avoid touching your face with unwashed hands.
- Wash your hands with soap and water or use hand sanitizer after leaving the elevator.



- Xiro maaskaro si wanaagsan u daboolaysa sankaa, afkaaga iyo garkaaga.
- Ka fogoow isu imaanshaha dadka- Ha ka badinin 2 qof ama 1 qoys. Raac jaraanjarada haddii aad awooddo ama sug in wiishka uu faaruqo.
- Dib u istaag marka aad sugayso in uu furmo albaabka wiishka..
- Joogtee ugu yaraan 2 mitir (6 fiit) in aad ka fogaato dadka kale ee kugula jira wiishka. Ku qufac ama ku hindhis garbaha shaatigaaga kore, ma ahan gacantaada.
- Ku qufac ama ku hindhis cududdaada, ma aha gacantaada. Ka fogow ku taabashada wajigaagagacmo aan dhaqaneyn.
- Ka fogoow in aad taabato sagxadaha iyo in aad ku riixdo badhamada shey ama xusulkaaga.
- Ka fogoow in aad ku taabato wejigaaga gacmo aan la dhaqin.
- Ku dhaq gacmahaaga saabuun ama biyo ama isticmaal daawada gacmaha nadiifisa marka aad ka soo baxdo wiishka.

Wixii macluumaad dheeri ah oo ku saabsan maaskarada iyo kala fogaanshaha, booqo
**OttawaPublicHealth.ca/
Coronavirus**

For more info on masks and physical distancing, visit:
**OttawaPublicHealth.ca/
Coronavirus**