

# What You Need to Know About COVID-19

## SYMPTOMS



Fever



Cough



Sore Throat



Runny Nose



Difficulty Breathing



Nausea



Vomiting



Diarrhea



Abdominal Pain

## GENERAL FACTS



Even if you do not have any symptoms, or do not feel sick, you can carry the virus without any signs of infection.



You may get infected with COVID-19 if you are in close contact with someone who has the virus.



If you have signs of illness or have been in contact with someone who has the virus, you must self-isolate.



You will **not** be sent to the country or place of your origin, even if you get sick.



Testing is free and safe. Get tested if you have any symptoms of COVID-19 or have been in close contact with someone who has the virus.

## SELF-ISOLATION MEANS YOU STAY AT HOME



Avoid contact with others.



Stay in your own home.



If you are sharing a residence with other people, stay in one room as much as possible.



Do not use public transportation such as a bus. Do not use taxis or share rides.



Do not go to work or to public places like the grocery store or library.

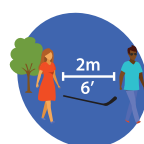
## AVOID THE SPREAD OF THE VIRUS



Wash your hands often.



Cover your mouth and nose when you cough or sneeze.



Stay 2m (6ft) from people that do not live with you.



Wear a mask when using public transportation and in indoor public spaces, indoor common areas of multi-unit residential buildings and in designated outdoor public spaces.

## IF YOU GET THE VIRUS



You will get medical care as needed.



Social supports will be organized to help you and your family.



By working together, we can help reduce the spread of COVID-19 and keep our loved ones and community safe and healthy. Remember to be COVIDWise.