STUDENT becomes ill at school

Household contacts* that are fully vaccinated, and do not have any COVID-19 symptoms, do not need to isolate while waiting for the symptomatic person’s test results.

Fully vaccinated means that it has been at least 14 days since you received:

• the full series of a COVID-19 vaccine authorized by Health Canada (e.g., 2 doses of Moderna, Pfizer-BioNTech or AstraZeneca/COVIDSHIELD, OR 1 dose of Janssen (Johnson & Johnson)) or any combination of such vaccines, OR
• one or two doses of a COVID-19 vaccine not authorized by Health Canada (e.g., Sinopharm) followed by one dose of a COVID-19 mRNA vaccine authorized by Health Canada (e.g., Pfizer-BioNTech or Moderna) OR
• three doses of a COVID-19 vaccine not authorized by Health Canada (e.g., Abdala).

Student goes to isolation room

Staff supervising student uses PPE kit

Did the student with symptom(s) get tested?

Result received

Positive

Student with symptom(s) and household contacts* that are not fully vaccinated stay isolated at home.

Student with positive test result and household contacts who are not fully vaccinated remain in isolation and follow OPH guidance.

Household contacts who are symptom-free can end their self-isolation and the child may return to school 24 hours after symptoms have improved** OR 48 hours after vomiting or diarrhea have resolved.

Negative

Student with symptom(s) must self-isolate for a minimum of 10 days and symptoms must be improving** for 24 hrs OR resolved for 48 hours for vomiting or diarrhea, before returning. Household contacts* must self-isolate for a minimum of 10 days. The 10 day isolation period of household contacts who are not fully vaccinated begins after they are able to break contact with the symptomatic child.***

OR

If the student with symptom(s) get tested?

Staff supervising student uses PPE kit

Did the student with symptom(s) get tested?

Result received

Positive

Student with symptom(s) and household contacts* that are not fully vaccinated stay isolated at home.

Student with positive test result and household contacts who are not fully vaccinated remain in isolation and follow OPH guidance.

Household contacts who are symptom-free can end their self-isolation and the child may return to school 24 hours after symptoms have improved** OR 48 hours after vomiting or diarrhea have resolved.

Negative

Student with symptom(s) must self-isolate for a minimum of 10 days and symptoms must be improving** for 24 hrs OR resolved for 48 hours for vomiting or diarrhea, before returning. Household contacts* must self-isolate for a minimum of 10 days. The 10 day isolation period of household contacts who are not fully vaccinated begins after they are able to break contact with the symptomatic child.***

**NOTE: Mild symptoms like a runny nose do not have to be completely gone when your child returns to school provided the mild symptom is improving and other symptoms have stopped.

*** If there is no break in contact with the symptomatic individual, household members must start their 10-day isolation at the end of the symptomatic individual’s isolation period. This results in an isolation period of at least 20 days (10 + 10 days).

These instructions do not apply to symptomatic students who are high risk contacts of COVID-19.

IPAC measures: deep clean isolation room as per ministry guidelines

IPAC – Infection Prevention and Control
PPE – Personal Protective Equipment
HCP – Healthcare Provider
OPH – Ottawa Public Health

Contact your child’s health care provider for further advice, assessment, or other treatment. Household contacts of the symptomatic individual who are not fully vaccinated are to continue self-isolation.

A physician or nurse practitioner concludes the symptoms are not from COVID-19 and provides an alternative diagnosis AND symptoms have been improving for 24 hours*; OR 48 hours after vomiting or diarrhea have resolved. Household contacts who are symptom-free can end their self-isolation when the alternative diagnosis by a physician or nurse practitioner is received.
### COVID-19 symptoms in children

<table>
<thead>
<tr>
<th>Type</th>
<th>Symptoms</th>
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<td><strong>Most common symptoms of COVID-19</strong>&lt;br&gt;Symptoms most commonly associated with COVID-19 infection&lt;br&gt;Children with one of the listed symptoms, should stay home, isolate and get tested for COVID-19 as soon as possible</td>
<td><strong>Fever</strong> (temperature 37.8 C/100 F or higher)&lt;br&gt;<strong>Chills</strong>&lt;br&gt;<strong>Cough</strong> (more than usual if chronic cough) including croup (barking cough, making a whistling noise when breathing) not related to other known causes or conditions (for example, asthma, reactive airway)&lt;br&gt;<strong>Shortness of breath</strong> (dyspnea, out of breath, unable to breathe deeply, wheeze, that is worse than usual if chronically short of breath) not related to other known causes or conditions (for example, asthma)&lt;br&gt;<strong>Decrease or loss of smell or taste</strong> (new olfactory or taste disorder) not related to other known causes or conditions (for example, nasal polyps, allergies, neurological disorders)&lt;br&gt;Nausea, vomiting and/or diarrhea, not related to other known causes or conditions (transient vomiting due to anxiety in children, chronic vestibular dysfunction, irritable bowel syndrome, inflammatory bowel disease, side effect of medication)</td>
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<td><strong>Other symptoms of COVID-19</strong>&lt;br&gt;Children with one or more of these symptom(s) must stay at home and isolate.</td>
<td><strong>Sore throat</strong> (painful swallowing or difficulty swallowing) not related to other known causes or conditions (for example, postnasal drip, gastroesophageal (acid) reflux)&lt;br&gt;<strong>Stuffy nose and/or runny nose</strong> (nasal congestion and/or rhinorrhea) not related to other known causes or conditions (for example, seasonal allergies, returning inside from the cold, chronic sinusitis unchanged from baseline, reactive airways)&lt;br&gt;<strong>Conjunctivitis (pink eye)</strong> (Not related to blepharitis, recurrent styes.)&lt;br&gt;<strong>Decreased or lack of appetite</strong> (Not related to anxiety, constipation.)&lt;br&gt;<strong>Headache that is new or persistent, unusual, unexplained or long-lasting not related to known causes or conditions</strong> (for example, tension-type headache, chronic migraines) and not related to receiving a COVID-19 vaccine in the last 48 hours&lt;br&gt;<strong>Extreme tiredness, lack of energy or feeling unwell</strong> (That is unusual or unexpected (not related to other known causes or conditions or receiving a COVID-19 vaccine in the past 48 hours.)&lt;br&gt;<strong>Muscle aches and pains</strong> (That are unexplained or unusual (not related to other known causes or conditions or receiving a COVID-19 vaccine the past 48 hours.).)</td>
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