Household contacts* that are fully vaccinated, and do not have any COVID-19 symptoms, do not need to isolate while waiting for the symptomatic person’s test results.

**Fully vaccinated** means that it has been **at least 14 days** since you received:
- the full series of a COVID-19 vaccine authorized by Health Canada (e.g., 2 doses of Moderna, Pfizer-BioNTech or AstraZeneca/COVISHIELD, OR 1 dose of Janssen [Johnson & Johnson]) or any combination of such vaccines, OR
- one or two doses of a COVID-19 vaccine not authorized by Health Canada (e.g., Sinopharm) followed by one dose of a COVID-19 mRNA vaccine authorized by Health Canada (e.g., Pfizer-BioNTech or Moderna) OR
- three doses of a COVID-19 vaccine not authorized by Health Canada (e.g., Abdala).

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**STUDENT becomes ill at school**

- **Student goes to isolation room**
  - **Staff supervising student uses PPE kit**
    - **Did the student with symptom(s) get tested?**
      - **YES**
        - **Student with symptom(s) and household contacts* that are not fully vaccinated stay isolated at home.**
      - **Result received**
        - **Positive**
          - Household contacts who are symptom-free can end their self-isolation and the child may return to school 24 hours after symptoms have improved** OR 48 hours after vomiting or diarrhea have resolved.
        - **Negative**
          - Student with symptom(s) must self-isolate for a minimum of 10 days and symptoms must be improving** for 24 hrs OR resolved for 48 hours for vomiting or diarrhea, before returning. Household contacts* must self-isolate for a minimum of 10 days. The 10 day isolation period of household contacts who are not fully vaccinated begins after they are able to break contact with the symptomatic child.***
    - **NO**
      - **Student with symptom(s) must self-isolate for a minimum of 10 days and symptoms must be improving** OR resolved for 48 hours for vomiting or diarrhea, before returning. Household contacts* must self-isolate for a minimum of 10 days.

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**NOTE:** Mild symptoms like a runny nose do not have to be completely gone when your child returns to school provided the mild symptom is improving and other symptoms have stopped.

***If there is no break in contact with the symptomatic individual, household members must start their 10-day isolation at the end of the symptomatic individual’s isolation period. This results in an isolation period of at least 20 days (10 + 10 days).

These instructions do not apply to symptomatic students who are high risk contacts of COVID-19.
# COVID-19 symptoms in children

<table>
<thead>
<tr>
<th>Type</th>
<th>Symptoms</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Most common symptoms of COVID-19</strong> &lt;br/&gt; Symptoms most commonly associated with COVID-19 infection &lt;br/&gt; Children with one of the listed symptoms, should stay home, isolate and get tested for COVID-19 as soon as possible</td>
<td><strong>Fever</strong> (temperature 37.8 C/100 F or higher) &lt;br/&gt; <strong>Chills</strong> &lt;br/&gt; <strong>Cough</strong> (more than usual if chronic cough) including croup (barking cough, making a whistling noise when breathing) not related to other known causes or conditions (for example, asthma, reactive airway) &lt;br/&gt; <strong>Shortness of breath</strong> (dyspnea, out of breath, unable to breathe deeply, wheeze, that is worse than usual if chronically short of breath) not related to other known causes or conditions (for example, asthma) &lt;br/&gt; <strong>Decrease or loss of smell or taste</strong> (new olfactory or taste disorder) not related to other known causes or conditions (for example, nasal polyps, allergies, neurological disorders) &lt;br/&gt; <strong>Nausea, vomiting and/or diarrhea, not related to other known causes or conditions</strong> (transient vomiting due to anxiety in children, chronic vestibular dysfunction, irritable bowel syndrome, inflammatory bowel disease, side effect of medication)</td>
</tr>
<tr>
<td><strong>Other symptoms of COVID-19</strong> &lt;br/&gt; Children with one or more of these symptom(s) must stay at home and isolate.</td>
<td><strong>Sore throat</strong> (painful swallowing or difficulty swallowing) not related to other known causes or conditions (for example, postnasal drip, gastroesophageal (acid) reflux) &lt;br/&gt; <strong>Stuffy nose and/or runny nose</strong> (nasal congestion and/or rhinorrhea) not related to other known causes or conditions (for example, seasonal allergies, returning inside from the cold, chronic sinusitis unchanged from baseline, reactive airways) &lt;br/&gt; <strong>Conjunctivitis (pink eye)</strong> (Not related to blepharitis, recurrent styes.) &lt;br/&gt; <strong>Decreased or lack of appetite</strong> (Not related to anxiety, constipation.) &lt;br/&gt; <strong>Headache that is new or persistent, unusual, unexplained or long-lasting not related to known causes or conditions</strong> (for example, tension-type headache, chronic migraines) and not related to receiving a COVID-19 vaccine in the last 48 hours &lt;br/&gt; <strong>Extreme tiredness, lack of energy or feeling unwell</strong> (That is unusual or unexpected (not related to other known causes or conditions or receiving a COVID-19 vaccine in the past 48 hours).) &lt;br/&gt; <strong>Muscle aches and pains</strong> (That are unexplained or unusual (not related to other known causes or conditions or receiving a COVID-19 vaccine the past 48 hours).)</td>
</tr>
<tr>
<td>Children who are high-risk contacts* must get tested for COVID-19 as soon as possible.</td>
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</tbody>
</table>