

Hi!

Thinking of using drugs? You can reduce your risk by:

Not using alone, carrying naloxone, accessing supervised consumption services, or using one of these support services wherever you are.

The logo for the National Overdose Response Service (NORS) features the letters 'NORS' in a bold, blue, sans-serif font. A white heart with a blue outline is positioned between the 'O' and 'R'.

**Call the National Overdose
Response Service (NORS)
1-888-688-6677**

The logo for the Brave app features a stylized blue umbrella icon above the word 'Brave' in a blue, cursive font.

Or Download the Brave App

For more Harm Reduction services in Ottawa visit
StopOverdoseOttawa.ca

