



PELVIC INFLAMMATORY DISEASE

What is Pelvic Inflammatory Disease (PID)?

Pelvic Inflammatory disease (PID) is an inflammation of the uterus, fallopian tubes, ovaries and/or surrounding tissues.

How is it transmitted?

It may be caused by a variety of bacteria and/or viruses, including sexually transmitted infections (STIs).

What are the symptoms?

Many people do not experience symptoms of PID. If symptoms occur, they can be:

- Lower abdominal pain or cramping
- Increased or abnormal vaginal discharge
- Pain during sex
- Bleeding between periods or after sex
- Heavier periods
- Chills and/or fever

How is PID treated?

- PID is treated with antibiotics. It is important to finish all the medication and tell the clinic if you vomit within one hour of taking it.
- To ensure that the medication is working and your symptoms are improving, you must return to clinic within three to seven days.
- Do not have sex while you are on treatment.
- Encourage your partner(s) to get tested.

Can I give PID to other people?

Bacteria and/or viruses that cause PID can be sexually transmitted. You can pass the infection to your partner even when there are no symptoms.

Are there complications?

If untreated, PID can lead to:

- Chronic pelvic pain (ongoing lower abdominal pain)
- Infertility (inability to get pregnant)
- Ectopic (tubal pregnancy)

Call the **Sexual Health Infoline Ontario** at 1-800-668-2437 if you have questions or need help.

For more information on pelvic inflammatory disease, please consult this website:

www.sexandu.ca

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