

RAMADAN & THE COVID-19 PANDEMIC

DOES HAVING A COVID-19 TEST BREAK MY FAST?



NO



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DOES GETTING A COVID-19 VACCINE BREAK MY FAST?



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IF I HAVE COVID-19, DO I HAVE TO BREAK MY FAST?

With COVID-19, symptoms can vary. Some may be able to fast, while others may find fasting more challenging.

If fasting will worsen your illness, delay your recovery, or if you need to take medications urgently, an exemption to the fast can be made. Missed fasts must be made up later.

Consult your doctor if you are unsure whether fasting is safe for you, or your Imam if you are unsure about exemptions.

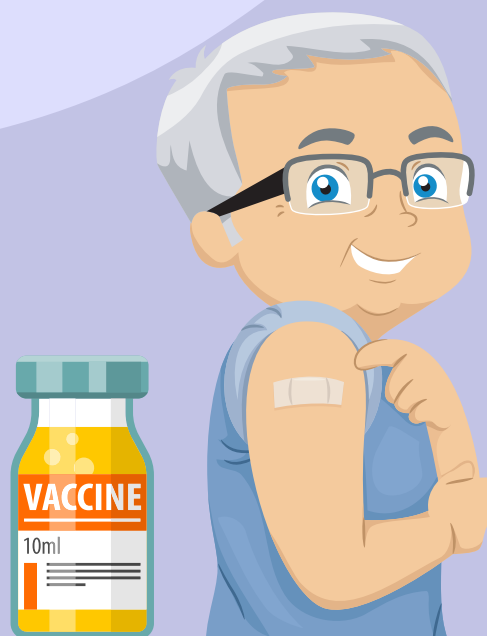


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IF I EXPERIENCE SIDE EFFECTS AFTER THE VACCINE, SHOULD I BREAK MY FAST?

No. The vast majority will be able to receive the vaccine and have minimal or no side effects, whether fasting or not.

If you feel your condition will worsen if you keep your fast, then it is permissible to break it.



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SHOULD I DELAY MY VACCINE APPOINTMENT UNTIL AFTER IFTAAR OR RAMADAN?

As long as you are feeling well, there is no medical or religious reason to delay a vaccine appointment while fasting.



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