COVID-19 Screening Tool for Schools/Child Care

Please complete the following questions DAILY before sending your child to school/child care

1. Does your child have any of the following COVID-19 symptoms (not related to other known causes or conditions)?

- Fever/Chills (temperature of 37.8°C/100.0°F degrees or higher)
- Cough or barking cough that is continuous or more than usual (not related to asthma, post-infectious reactive airways)
- Difficulty breathing/shortness of breath; out of breath, unable to breathe deeply, wheezing (not related to asthma)
- Decrease or loss of taste or smell (not related to allergies, neurological disorders)
- Nausea, vomiting, or diarrhea, (not related to anxiety, irritable bowel, menstrual cramps)

If you said yes to ANY of these symptoms, your child CANNOT attend school/child care today and SHOULD get tested for COVID-19 as soon as possible. Household contacts who are not fully vaccinated, or household contacts who are fully vaccinated* and have symptoms of COVID-19, must also isolate at home until test results are received. Visit OttawaPublicHealth.ca/COVIDcentre to book your appointment.

*Please note, fully vaccinated means that it has been at least 14 days since you received:
- the full series of a COVID-19 vaccine authorized by Health Canada (e.g., 2 doses of Moderna, Pfizer-BioNTech or AstraZeneca / COVISHIELD, OR 1 dose of Janssen [Johnson & Johnson]) or any combination of such vaccines, OR
- one or two doses of a COVID-19 vaccine not authorized by Health Canada (e.g., Sinopharm) followed by one dose of a COVID-19 mRNA vaccine authorized by Health Canada (e.g., Pfizer-BioNTech or Moderna) OR
- three doses of a COVID-19 vaccine not authorized by Health Canada (e.g., Abdala).
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**Does your child have any of the following COVID-19 symptoms (not related to other known causes or conditions)?**

- **Sore throat, painful or difficulty swallowing (not related to allergies, acid reflux, post nasal drip)**
- **Runny or stuffy nose (not related allergies, being outside in cold weather)**
- **Conjunctivitis/Pink Eye (not related to blepharitis, recurrent styes)**
- **Decreased or lack of appetite (not related to anxiety, constipation)**
- **Headache that is new, unusual, long-lasting (not related to migraines)**
- **Extreme tiredness, lack of energy or feeling unwell that is unusual or unexpected**
- **Muscle aches and pains that are unexplained or unusual**

If you said yes to **ANY** symptoms, your child **CANNOT** attend school/child care today and **MUST** stay home and isolate until symptoms have improved for 24 hours without the use of fever-reducing medication. They do not need to get tested for COVID-19 unless they have had close contact\ with someone who tested positive for COVID-19. Household members who do not have symptoms do not need to isolate and can leave the home (regardless of their vaccine status). Visit OttawaPublicHealth.ca/COVIDcentre to book your appointment.

**Not related to receiving a COVID-19 vaccine in the last 48 hours.**

\*

Please note, **close contact** means:

- Being within 2 metres (6 feet) for 15 minutes or more, this includes having multiple short encounters totaling 15 minutes or more over a 24-hour period (without the use of a medical grade mask and eye protection as minimum personal protective equipment which you have been trained to use)
- Physical contact such as shaking someone's hand, hugging, kissing, being sneezed or coughed on
- Living in the same household (this excludes individuals who live in a completely separate unit such as a self-contained basement apartment)
- Providing care to someone (e.g., taking care of an elderly parent)
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In the last 10 days,
- Has your child been in close contact with someone who has tested positive for COVID-19?
- Has your child received a COVID Alert exposure notification on their cell phone?

For either of the above questions, if your child is fully vaccinated, is not immunocompromised, (e.g., organ or stem cell transplantation recipients, undergoing chemotherapy or immunosuppressive therapies), and has not been advised to self-isolate by their doctor, health care provider or public health unit select "No."

Yes  No

In the last 10 days, has your child tested positive on a rapid antigen test or a home-based self-testing kit?

Yes  No

In the last 14 days, has your child travelled outside of Canada?
- If your child is fully vaccinated and was not told to quarantine (as per the federal quarantine requirements), select "No."
- If your child is not fully vaccinated OR was told to quarantine (as per the federal quarantine requirements), select "Yes."

Yes  No

Has a doctor, health care provider, or public health unit told your child that they should currently be isolating or staying at home? (This can be because of an outbreak, contact tracing, or after testing positive on a rapid antigen test.)

Yes  No

Is anyone they live with currently experiencing any new COVID-19 symptoms and/or waiting for test results after experiencing symptoms?
- If your child is fully vaccinated, is not immunocompromised, and has not been advised to self-isolate by their doctor, health care provider or public health unit select "No."
- If the individual experiencing symptoms received a COVID-19 vaccination in the last 48 hours and is experiencing mild headache, fatigue, muscle aches, and/or joint pain that only began after vaccination, select "No."

Yes  No

If you said yes to ANY of the questions above, stay home and visit OttawaPublicHealth.ca/SchoolsCovid19 for further guidance. If you have questions, call Ottawa Public Health at 613-580-6744.

If your child is feeling unwell and you have questions, contact your health care provider or call Telehealth Ontario at 1-866-797-0000 to speak to a registered nurse.

Adapted with permission from Toronto Public Health

20/09/2021