COVID-19 Epidemiology Update

OTTAWA PUBLIC HEALTH. Report compiled on April 8, 2020, 11:00 am

Contents

Purpose ........................................................................................................................................... 0
Summary .......................................................................................................................................... 0
Cases Over Time .......................................................................................................................... 1
Case Characteristics .................................................................................................................... 3
Severity of Cases .......................................................................................................................... 4
Exposure Settings ......................................................................................................................... 5
Data Notes & Sources .................................................................................................................. 5
Data Tables ..................................................................................................................................... 6

Purpose
This daily report provides an epidemiologic summary of COVID-19 activity in Ottawa to date. The report includes the most current information available from the integrated Public Health Information System (iPHIS) and a chart review of COVID-19 cases as of 4:00 p.m. April 7, 2020.

Summary
- 429 laboratory-confirmed cases, including 7 deaths, have been reported in Ottawa.
- This includes 26 new cases and 1 new death since the previous report.
- 14% of cases have been hospitalized (cumulative), including 5% in intensive care (cumulative).
- The median age of cases is 47 years (range, 1 to 102 years).
- There are cases among residents from 12 institutions.
- The most common reported exposure settings for cases include: 19% with close contact with a case only, 17% with no travel and no known contact with a case, 15% with travel only, and 45% with exposure information pending.
Cases Over Time

Figure 1. Cumulative epidemiological curve of Ottawa residents with confirmed COVID-19, by the earliest of onset date, test and reported date

Notes:

1. Data are from iPHIS and a chart review of individuals with COVID-19-positive laboratory results as of 4:00 p.m. on April 7, 2020. These results may differ from other sources because different reports extract data at different times.

2. The onset date is the earliest of symptom onset, laboratory testing, and reporting dates. This means that in the graph, cases are shown based on when the person’s symptoms started, or if that is not known, the date that they were tested. If the test date is not known, the date that the case was reported to public health is used. As the case is investigated and new information on these dates is determined, the dates in the graph will be updated.

3. Confirmed cases are those with a confirmed COVID-19 laboratory result as per the Ministry of Health Public health management of cases and contacts of COVID-19 in Ontario. March 25, 2020 version 6.0.

4. A patient’s exposure may have occurred up to 14 days prior to onset of symptoms.

5. *Symptomatic cases occurring in the last approximately 14 days are likely under-reported due to the time for individuals to seek medical assessment and for availability of testing and test results.
Figure 2. Epidemiological curve of Ottawa residents with confirmed COVID-19, by the earliest of onset, test and reported date (n=429)

Notes:

1. Data are from iPHIS and a chart review of individuals with COVID-19 -positive laboratory results as of 4:00 p.m. on April 7, 2020. These results may differ from other sources because different reports extract data at different times.

2. The onset date is the earliest of symptom onset, laboratory testing, and reporting dates. This means that in the graph, cases are shown based on when the person’s symptoms started, or if that is not known, then date that they were tested. If the test date is not known, the date that the case was reported to public health is used. As the case is investigated and new information on these dates is determined, the dates in the graph will be updated daily.

3. Confirmed cases are those with a confirmed COVID-19 laboratory result as per the Ministry of Health Public health management of cases and contacts of COVID-19 in Ontario. March 25, 2020 version 6.0.

4. A patient’s exposure may have occurred up to 14 days prior to onset of symptoms.

5. *Symptomatic cases occurring in the last approximately 14 days are likely under-reported due to the time for individuals to seek medical assessment and for availability of testing and test results.
Case Characteristics

Table 1. Summary of confirmed Ottawa cases

<table>
<thead>
<tr>
<th>Measure</th>
<th>Number</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Case count</td>
<td>429</td>
<td>-</td>
</tr>
<tr>
<td>Change from previous report</td>
<td>26</td>
<td>6% increase</td>
</tr>
<tr>
<td>Age, median (range)</td>
<td>47 years (1-102)</td>
<td>-</td>
</tr>
<tr>
<td>&lt;5 years</td>
<td>2</td>
<td>0%</td>
</tr>
<tr>
<td>5 to 19 years</td>
<td>7</td>
<td>2%</td>
</tr>
<tr>
<td>20 to 44 years</td>
<td>174</td>
<td>41%</td>
</tr>
<tr>
<td>45 to 64 years</td>
<td>159</td>
<td>37%</td>
</tr>
<tr>
<td>65 years and older</td>
<td>87</td>
<td>20%</td>
</tr>
<tr>
<td>Unknown</td>
<td>0</td>
<td>0%</td>
</tr>
<tr>
<td>Gender</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Female</td>
<td>212</td>
<td>49%</td>
</tr>
<tr>
<td>Male</td>
<td>216</td>
<td>50%</td>
</tr>
<tr>
<td>Unknown</td>
<td>1</td>
<td>&lt;1%</td>
</tr>
<tr>
<td>Health care workers and first responders</td>
<td>51</td>
<td>12%</td>
</tr>
</tbody>
</table>

Notes:

1. Data are from iPHIS and a chart review of individuals with COVID-19-positive laboratory results as of 4:00 p.m. on April 7, 2020. These results may differ from other sources because different reports extract data at different times.

2. Confirmed cases are those with a confirmed COVID-19 laboratory result as per the Ministry of Health Public health management of cases and contacts of COVID-19 in Ontario. March 25, 2020 version 6.0.
### Severity of Cases

#### Table 2. Severity of confirmed Ottawa cases

<table>
<thead>
<tr>
<th>Measure</th>
<th>Number</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>All cases</td>
<td>429</td>
<td></td>
</tr>
<tr>
<td>Cumulative hospitalized</td>
<td>60</td>
<td>14%</td>
</tr>
<tr>
<td>Currently in hospital</td>
<td>35</td>
<td>8%</td>
</tr>
<tr>
<td>Cumulative intensive care</td>
<td>23</td>
<td>5%</td>
</tr>
<tr>
<td>Currently in intensive care</td>
<td>13</td>
<td>3%</td>
</tr>
<tr>
<td>Deaths</td>
<td>7</td>
<td>2%</td>
</tr>
<tr>
<td>Resolved</td>
<td>130</td>
<td>30%</td>
</tr>
</tbody>
</table>

Notes:
1. Data are taken from chart review of individuals with CoV-positive laboratory results, consulted at 4:00 p.m. on April 7, 2020. The numbers may differ from other sources, as data are extracted at different times.
2. Confirmed cases are those with a confirmed COVID-19 laboratory result as per the Ministry of Health Public health management of cases and contacts of COVID-19 in Ontario. March 25, 2020 version 6.0.
3. Resolved cases are persons whose symptoms have resolved and who have been discharged from isolation as per the Ministry of Health Public Health Guidance on Testing and Clearing Cases. March 26, 2020. version 2.0.

#### Table 3. Age among cumulative hospitalized and intensive care confirmed Ottawa cases

<table>
<thead>
<tr>
<th>Measure</th>
<th>Cumulative Hospitalized</th>
<th>Cumulative intensive care</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Number</td>
<td>Percentage</td>
</tr>
<tr>
<td>Case count</td>
<td>60</td>
<td>14%</td>
</tr>
<tr>
<td>Age, median (range)</td>
<td>66 years (29 to 97)</td>
<td>66 years (40 to 83)</td>
</tr>
<tr>
<td>Age</td>
<td></td>
<td></td>
</tr>
<tr>
<td>&lt;5 years</td>
<td>0</td>
<td>0%</td>
</tr>
<tr>
<td>5 to 19 years</td>
<td>0</td>
<td>0%</td>
</tr>
<tr>
<td>20 to 44 years</td>
<td>7</td>
<td>12%</td>
</tr>
<tr>
<td>45 to 64 years</td>
<td>21</td>
<td>35%</td>
</tr>
<tr>
<td>65 years and older</td>
<td>32</td>
<td>53%</td>
</tr>
</tbody>
</table>

Notes:
1. Data are taken from chart review of individuals with CoV-positive laboratory results, consulted at 4:00 p.m. on April 7, 2020. The numbers may differ from other sources, as data are extracted at different times.
2. Confirmed cases are those with a confirmed COVID-19 laboratory result as per the Ministry of Health Public health management of cases and contacts of COVID-19 in Ontario. March 25, 2020 version 6.0.
Exposure Settings

Table 4. Exposures of confirmed Ottawa COVID-19 cases

<table>
<thead>
<tr>
<th>Exposure</th>
<th>Number</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Travel only</td>
<td>64</td>
<td>15%</td>
</tr>
<tr>
<td>Travel and contact with a case</td>
<td>20</td>
<td>5%</td>
</tr>
<tr>
<td>Contact with a case only</td>
<td>82</td>
<td>19%</td>
</tr>
<tr>
<td>No travel and no known contact with a known case</td>
<td>71</td>
<td>17%</td>
</tr>
<tr>
<td>Undetermined/pending</td>
<td>192</td>
<td>45%</td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
<td><strong>429</strong></td>
<td></td>
</tr>
</tbody>
</table>

Notes:
1. Data as of 4:00 p.m. on April 7, 2020. Investigations are ongoing.
2. Confirmed cases are those with a confirmed COVID-19 laboratory result as per the Ministry of Health Public health management of cases and contacts of COVID-19 in Ontario. March 25, 2020 version 6.0.

Data Notes & Sources

Data extracted represent a snapshot at the time of extraction and may differ in previous or subsequent reports. These data sources are used:

1) Case information
   a. Ontario Ministry of Health, integrated Public Health Information System (iPHIS), extracted by Ottawa Public Health at 4:00 p.m. each day. iPHIS is a dynamic disease reporting system that allows for ongoing updates to data previously entered. Data extracted from the iPHIS database represent a snapshot at the time of extraction and can be different in previous or subsequent reports.
   b. OPH Public Health Medical Unit case management chart review

Please use the following citation when referencing this document:


For further information about COVID-19 in Ottawa, visit ottawapublichealth.ca.
## Data Tables

### Data Table for Figure 1 and Figure 2

<table>
<thead>
<tr>
<th>Onset, Test or Reported Date</th>
<th>Figure 1. Cumulative epidemiological curve of Ottawa residents with confirmed COVID-19 Cases Over Time</th>
<th>Figure 2. Epidemiological curve of Ottawa residents with confirmed COVID-19 Cases by Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>2/19/2020</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>2/20/2020</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>2/21/2020</td>
<td>1</td>
<td>0</td>
</tr>
<tr>
<td>2/22/2020</td>
<td>1</td>
<td>0</td>
</tr>
<tr>
<td>2/23/2020</td>
<td>1</td>
<td>0</td>
</tr>
<tr>
<td>2/24/2020</td>
<td>2</td>
<td>1</td>
</tr>
<tr>
<td>2/25/2020</td>
<td>2</td>
<td>0</td>
</tr>
<tr>
<td>2/26/2020</td>
<td>3</td>
<td>1</td>
</tr>
<tr>
<td>2/27/2020</td>
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<tr>
<td>2/28/2020</td>
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<tr>
<td>2/29/2020</td>
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</tr>
<tr>
<td>3/01/2020</td>
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<td>1</td>
</tr>
<tr>
<td>3/02/2020</td>
<td>6</td>
<td>2</td>
</tr>
<tr>
<td>3/03/2020</td>
<td>7</td>
<td>1</td>
</tr>
<tr>
<td>3/04/2020</td>
<td>8</td>
<td>1</td>
</tr>
<tr>
<td>3/05/2020</td>
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<td>4</td>
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<tr>
<td>3/06/2020</td>
<td>15</td>
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<td>3/07/2020</td>
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<td>3/09/2020</td>
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<tr>
<td>3/13/2020</td>
<td>71</td>
<td>18</td>
</tr>
<tr>
<td>Date</td>
<td>Cases</td>
<td>Deaths</td>
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<tr>
<td>------------</td>
<td>-------</td>
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<td>3/14/2020</td>
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<td>4/03/2020</td>
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