



Healthcare provider tool: **How to counsel people who have COVID-19 to prevent transmission**

Cover your face:

Wear a facemask such as a cloth mask at all times when in the same room as others, even in your household.

Hand washing:

Wash your hands often with soap and water (or alcohol based hand sanitizer), even in your household.

Avoid close contact with others:

Self-isolate for 10 days from when you started to have symptoms (or tested positive if asymptomatic).

INform:

Tell everyone who lives in your household, and others you are in close contact with, that they may have been exposed to COVID-19 and should self-monitor for symptoms. You should also inform all healthcare providers of your diagnosis of COVID-19 before presenting for in-person care, so they can take steps to protect other patients and staff.