



Be HalloWise

Haunt your mind by sharing scary stories with friends on Facetime or Zoom.

Adapt your celebration by trick or treating inside with the people you live with or with your chosen social support person(s) if you live alone. Think an Easter Egg hunt but Halloween themed.

Limit your in-person celebration to those you live with or your chosen social support person(s) if you live alone.

Launch a virtual competition with your neighbors for the best outdoor Halloween decorations.

Organize a virtual costume party with your friends.

Watch scary or fun movies with the people you live with or your chosen social support person(s) if you live alone.

Inspire your costume around a mask... how can you create the most thematic 2020 costume?

Show kindness by sharing photos, or connecting virtually, instead of hugs with your loved ones who are more at risk.

Eat a fun and spooky meal you've made with those you live with or that chosen social support person(s) if you live alone.

Ottawa Public Health is recommending to **not go trick-or-treating** this year.