



# Staying Healthy at Work

## If you are sick

- Do not enter the building
- Stay at home

## Reporting to Work

- Complete a Self-Assessment Screening

## Prevention

- Wash your hands with soap and water thoroughly and often
- Cough and sneeze into your arm
- Keep surfaces clean and disinfected
- Practise physical (social) distancing when possible. Stay 2 meters (6 feet) from others.

## While at Work

- If you become unwell while at work, isolate yourself; notify management immediately for appropriate follow up action