



Memo for Grade 7 parents/guardians

What? Every year Ottawa Public Health organizes vaccine clinics at your child's school.

When? We will offer an in-school clinic in the Fall and in the Spring. See the following link for dates: Ottawapublichealth.ca/immunization.

What vaccines are being offered?

Vaccine	How many doses?	Who is eligible?
Meningococcal (MenQuadfi or Nimenrix or Menveo)	1 dose in the Fall	All grade 7 students *Mandatory as of grade 7
Hepatitis B (Engerix-B or Recombivax)	2 doses, 1 in the Fall and 1 in the Spring	All grade 7 students
Human Papillomavirus (Gardasil 9)	2 doses, 1 in the Fall and 1 in the Spring	All grade 7 students

How does my child get the vaccines?

- All students in grade 7 receive the consent form for the hepatitis B, human papillomavirus (HPV) and meningococcal disease vaccines.
- These vaccines are publicly funded, so no payment is needed.
- Speak with your child about the vaccines.
- You and your child need to sign the consent form for EACH vaccine you want your child to get.
- Even if you do not want your child vaccinated, fill out the consent form indicating "No" for all vaccines you do not wish your child to receive.

On the day of the school clinic, your child should:

- Eat a good breakfast.
- Bring an extra juice or snack to school.
- Wear short sleeves or a loose shirt so that the upper arm can be exposed easily, without undressing.
- Bring the consent form to school.

Please note: For safety, confidentiality, and efficiency, we cannot accommodate parents/guardians who wish to remain with their child during immunization in our school clinics. For alternative options, such as community catch-up clinics, please visit Ottawapublichealth.ca/immunization.

If your child is absent for their school clinic, or if you have questions about the vaccines, please call 613-580-6744 to speak with a public health nurse or visit Ottawapublichealth.ca/immunization.