

Heart Screening Clinic

In collaboration with Ottawa Public Health, the University of Ottawa Heart Institute is hosting 4 Heart Screening Clinics in the month of May.

This is a **FREE** screening for anyone (55+) with no known heart issues or stroke in the past.

The 15-to-30-minute heart screening appointment involves:

- An assessment with a nurse
- Various measurements, ECG and rapid finger poke blood tests to evaluate your cardiovascular risk factors
- If you are 65 years +, you are also eligible for an ultrasound for your heart to check for your heart valves

A cardiologist will review the results, and any recommendations will be provided at the end of your visit.

The 4 clinics are the following dates and locations:

May 6th, 2025, 8:30 am to 3:30 pm, at the Bayshore field house, 175 Woodbridge Crescent

May 15th, 2025, 8:30 am to 3:30 pm, at the Rideau Hub, 815 St. Laurent Road

May 20th, 2025, 8:30 am to 3:30 pm, at the Bayshore field house, 175 Woodbridge Crescent

May 22nd, 2025, 8:30 to 3:30 pm, at the Rideau Hub, 815 St. Laurent Road

Please complete the following form to register for the Heart Screening Clinic:

<https://survey.ottawaheart.ca/index.php?r=survey/index&sid=174683&lang=en>

Or

Scan with your phone this QR code:



FREE HEART SCREENING