More than 650 public health professionals have been working hard over the past few months to reduce the spread of COVID-19 in Ottawa.

We have shared information and resources on how Ottawa residents can keep themselves and their families safer by:

- Responding to >24,000 COVID-19 related inquiries from residents and our partners
- Spreading our message on social media, receiving >250,000 likes, comments and shares on COVID-19 related posts
- Participating in >30 media availabilities and completing >75 media interviews related to COVID-19

We have worked collaboratively with our partners to keep our community safer and support those at higher risk by:

- Managing >2000 confirmed cases of COVID-19
- Identifying, tracing, and advising >7000 people who came in contact with confirmed cases of COVID-19
- Working with all 108 long-term care and retirement homes in Ottawa to prevent or contain COVID-19 outbreaks

The combined efforts of public health, our community and local partners are making a difference.

But this is not over. If we don’t continue our efforts, positive COVID-19 cases will start to increase in our community.

- The green curve represents the potential spike in transmission of COVID-19 in Ottawa if public health measures like physical distancing aren’t maintained.
- The blue curve represents current transmission of COVID-19 in Ottawa.

As little as a 20% reduction in public control measures could lead to a second wave of COVID-19 in our community.

We need to keep the momentum going. As measures are scaled back to promote recovery efforts, it is very important that we continue our efforts to stay safe and maintain our progress in flattening the curve.

We have to count on each other to be #COVIDWise. We are in this together!

More info: OttawaPublicHealth.ca/COVIDWise

Adapted with permission from The Regional Municipality of Halton.