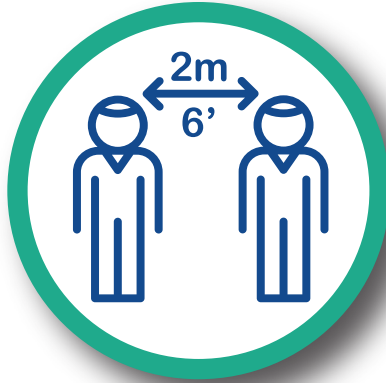


## Coronavirus COVID-19



### *Remember!* Practice physical distancing

Ensure that you keep  
a 2 metre (six feet)  
distance from others.

### *Ko bosanaka te!* Salela distance ya ba nzoto

Sala éte obomba bamètre 2  
(bapied 6) ya distance kati  
nayo na bato mosusu.



### *Remember!* Wear a mask\* indoors or when maintaining physical distance is difficult.

\* A mask can be cloth (non-medical),  
disposable or medical.

### *Ko bosanaka te!* Lata maske\* na kati ya ndako to na tango oyo kosalela distance ezali pasi mpo esalelama.

\*maske eko kozala ya elamba  
(ya monganga te), ya kosalela  
mbala moko, to ya mongonga.

[OttawaPublicHealth.ca/COVIDWise](https://OttawaPublicHealth.ca/COVIDWise)  
[SantePubliqueOttawa.ca/COVIDavise](https://SantePubliqueOttawa.ca/COVIDavise)

15/10/2020 - Lingala